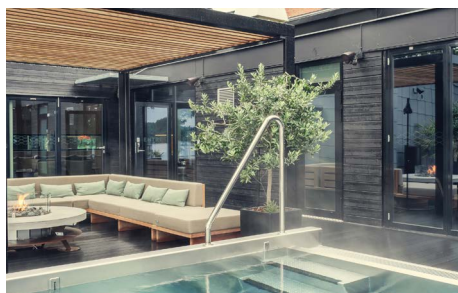


ACTIVITIES AT NÄÄS FABRIKER

At Nääs Fabriker there is a lot to do and experience. Below we have collected examples of fun ones activities that we recommend during your stay here with us. Please contact us if you want to know more. All prices are excluding VAT.



ONLY AT NÄÄS FABRIKER

BADHUSET

Enjoy various sauna concepts, warm outdoor pools with jetties out into the lake and lovely lounge environments for relaxation both outside and inside. (Free of charge for overnighting conference guests Monday to Thursday.)

SUP, KAYAK, ELECTRIC BOAT, ROWING BOAT AND BOULE

During the spring and summer season, you can explore the surroundings around Nääs Fabriker on the lake and discover the beautiful environment.

SHUFFLEBOARD AND TABLE TENNIS

Challenge your friends by playing shuffleboard or table tennis, an game that suits all ages regardless of prior knowledge.

SHOPPING

Everyone who conferences and stays gets a 10% discount in the shops on the area. Here you will find fashion, interior design and delicacies.

WELLNÄÄS

On the area you have the opportunity to book massages, osteopathy, physiotherapy, hairdressing, and beauty treatments. See the full range [here](#).

RUNNING AND WALKING TRAILS

Here, you run through beautiful nature and pass through the mill town of Tollerød with its historic buildings. Printed maps are available at the reception or digitally via the free AllTrails app.

HISTORICAL WALK WITH OUR APP

Discover Nääs Fabriker and the beautiful town of Tollerød with our app. Here are texts and images about the history and present of the place. Download Nääs Fabriker, the app is free of charge.

TEAMFABRIKEN (1,5 H)

Teamfabriken can be compared to an amusement park with 15 unique missions that are carried out in different rooms. You compete in teams and each teams goal is to collect as many points as they can, through good teamwork in their mission.

PRICE: SEK 395/PERSON (MIN 4 PERS MAX 50 PERS)

THE MURDER ON THE FACTORY OUTDOORS (1,5 H)

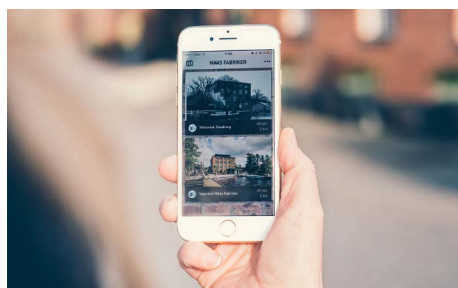
Compete in teams to solve the murder mystery at the Factory.

PRICE: 395:-/PERSON (MIN 4 PERS MAX 50 PERS)

OUTSIDE THE BOX OUTDOORS (1,5 H)

In this dynamic game, all teams are given access to a buffet of practical and tricky activities that they must solve, both individually and as a group.

PRICE: 395:-/PERSON (MIN 4 PERS MAX 50 PERS)



NÄÄS FABRIKER



BRÖD & MALT BEER TASTING (2 H)

Now it is possible to book a Beer tasting and our concept Pizza on Tap at our combined bakery and brewery Bröd & Malt. We start with an review of the brewery's beers and talk about how our circular concept with bread from the bakery and beer brewing works. We explore our small brewery and yeast tanks, and finish with beer tasting upstairs. PRICE: SEK 316 PER PERSON (MIN 10 PERSONS, MAX 25 PERSONS)

PIZZA ON TAP ON BRÖD & MALT (3 H)

We serve stone oven-baked sourdough pizzas baked together with a tasting of the brewery's beer. Also a guided tour and walkthrough the the brewery.

PRICE: CONFERENCE GROUP SEK 7 000, PRIVATE GROUP SEK 775/PERSON (MIN 10 PERSONS, MAX 25 PERSONS)

WINE TASTING (CA 1 H)

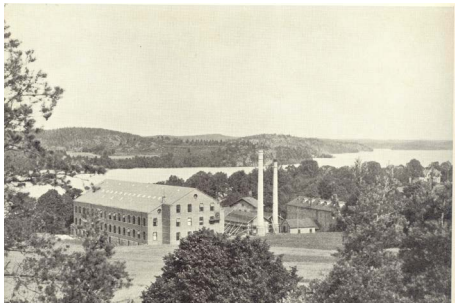
Choose between a blind tasting of grapes or champagne and sparkling wines.

PRICE FROM: SEK 280/PER PERSON (MIN 6 PEOPLE, MAX 40 PERSONS)

CHEESE TASTING IN OUR DELI SHOP GUSTAVAS HANDEL & KÖK (CA 1 H)

You will taste three cheese families with two cheeses from each family, totaling six different cheeses. You will learn about the differences between cheeses from the same family, how they are perceived, as well as facts and history about each cheese.

PRICE FROM: 402:-/PER PERSON (MIN 6 PERSONER, MAX 12 PERSONER)



COOKERY STUDIO ALL IN

You will prepare a three-course menu together with one of our chefs and learn how to elevate wine and food to new heights.

PRICE: 2690:-/PER PERSON (MIN 8 PERSONER, MAX 16 PERSONER)

HISTORICAL WALK (TOUR WITH A GUIDE 1,5 H)

A guided walk through the industrial stories about the residential and factory buildings.

You will learn about the history of the fabric and the life in Tollerred. PRICE: SEK 4 200

WORKSHOP IN WOOL

Feel like home in our woolly shop Ullmagasinet and let yourself be inspired to create beautiful, simple and functional products in felted wool. Prepared sets for punching, gluing, braiding and tying. PRICE: SEK 450/PERSON (MAX. 8 PERS.) MIN. SEK 4 500

TIME: 60-90 MIN

MUSIK, DANCE & PAINTING

MUSIKQUIZ (1 H)

Quiz with duo. PRICE: FROM SEK 14 500

QUIZ (2 H)

Quiz that may be combined with music entertainment.

PRICE: FROM SEK 16 000

LINEDANCE (2 H)

Learn how to line dance. No previous experience needed. PRICE: SEK 325/PERSON (MIN SEK 4 500)

CHORAL PRACTICE (2 H)

Why not end your conference with a choir class that will give you a groovy kick and bring the group together? A real energizer!

PRICE: SEK 14.500

SURPRISE PAINTING (1,5 H)

A positive and creative activity where your conference purpose can become the theme.

PRICE: 395:-/PERSON (MIN 4 500:-)



NÄÄS FABRIKER



WATERCOLOUR COURSE WITH STUDIO STRANDKULLEN (3 H)

A nature-inspired workshop focusing on artistic techniques.

PRICE FROM: 700:-/PERSON (MIN 7 200:-)



WORK OUT & WELL-BEING

COLD BATH WITH EMBRACE THE COLD (1,5 H)

Bring your colleagues and get an unforgettable experience where you challenge yourselves while strengthening the team spirit. We start with a lecture where you learn about the positive effects of the cold and how breathing helps you deal with stress in everyday life. After a breathing exercise, you are then going to be coached in 4-degree water for 2 minutes. Customizable layout. (MIN 8 PERS) PRICE: SEK 600/PERSON

YOGA (1 H)

We offer different kinds of yoga, contact us for more information.

PRICE: SEK 220/PERSON (MIN SEK 2 100)



OUTDOOR TRAINING (1 H)

A form of training with extreme efficiency, tough and fun training outdoors!

PRICE: SEK 2 200+70/PERSON



ADVENTURE

BOX CAR BUILDING (2 H)

Build box cars using planks, strings, and wheels. The fastest and best one wins.

PRICE: 1 750:-/BOX CAR (MIN 3 ST BOX CARS AND 15 PERSONER)

LECTURE

INSPIRATIONAL LECTURE WITH COURAGE AND JOY (1,5 H OR 3 H)

With simple and inspiring exercises and short lecture sessions, you will gain tools to work together as effectively as possible. People who feel a sense of meaning contribute to efficiency and well-being. The lecture is conducted by Smart Leadership.

PRICE: 13 800:- 1,5 H

PRICE: 17 250:- 3 H INCLUDING WORKSHOP

NÄÄS FABRIKER

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